

## AKDN SPECIAL BULLETIN: COVID-19

COVID-19 is a new virus that spreads through drops of saliva from the mouth or droplets from the nose when an infected person coughs or sneezes. COVID-19 is not "just" the flu. It is much more contagious and can spread rapidly through our communities.

### Symptoms:

- Common: Fever, cough, difficulty breathing
- Severe: Persistent pain and pressure in the chest, trouble breathing, mental confusion, bluish lips or face, etc.

### High Risk Groups:

- People 70+ years of age
- Pregnant women
- People living with underlying health problems like heart disease, diabetes, asthma and cancer

Prevention is the only way to limit the spread of COVID-19.

Follow the recommendations below to protect yourself, your family & your community.

### 1 STAY AT HOME

- Only leave your home to buy essentials like groceries or household items
- Avoid using public transportation, taxis services
- If you cannot avoid public transportation, maintain a safe distance from other travelers and avoid touching surfaces
- Your government may have further restrictions to help curb the spread of the virus -- follow these rules to help reduce your risk of being infected

### 2 WASH YOUR HANDS

- Wash your hands with soap and water for at least 20 seconds as often as you can
- Make sure you wash the front and back of your hands, and between your fingers
- When you are done, dry your hands either with a clean towel or naturally
- Do not touch your eyes, nose or mouth with unwashed hands

### 3 AVOID CONTACT WITH OTHERS

- Do not go to work, school or other places that may have large crowds, like community gathering areas, public celebrations and prayer halls
- Do not make physical contact with others through handshakes and hugs
- Do not have visitors in your home unless it is necessary (for example, visit from health worker)
- Avoid contact with the elderly and other people who may be at higher risk of getting sick
- Keep grandchildren away from grandparents (it is important to keep children away from the elderly and the vulnerable)
- Make sure that shared spaces in your home have good airflow: open windows where you can
- If avoiding contact with people is not possible, keep a distance of at least 1 meter from other people at all times

### 4 COUGH OR SNEEZE INTO A TISSUE OR YOUR ELBOW

- Do not cough into your hand
- Cover your mouth and nose with a tissue when you cough or sneeze; throw the tissue out in a covered wastebasket and follow by washing your hands

### 5 SELF-ISOLATE IF YOU FEEL SICK

- If you are sick or experience any of the symptoms mentioned above, isolate yourself for 14 days starting on the day you start to feel sick
- At home, try to isolate yourself from family by staying in a different part of the house; in shared spaces, keep a distance of at least 1 meter from your family
- You can stop self-isolating after 14 days if you no longer have a fever and your other symptoms have improved
- Continue to keep your distance from people after you self-isolate
- If you are still sick after 14 days, contact your doctor or local health clinic for advice (do not walk into a clinic unless asked)

SOURCE: WHO, CDC, AGA KHAN HEALTH SERVICES, AGA KHAN UNIVERSITY

March 30, 2020

For additional publications about Aga Khan schools activities please visit our website: <https://www.agakhanschools.org/>

For additional information on preventative measures on COVID'19 please visit:

<https://www.akdn.org/publication/akdn-special-bulletin-covid-19>



AGA KHAN DEVELOPMENT NETWORK



Aga Khan Education Service, Kyrgyz Republic



# NEWSLETTER

## AGA KHAN SCHOOL

Osh city, Kyrgyz Republic | SPRING 2020

### TEACHING ONLINE: NON-STOP LEARNING VIA ONLINE TEACHING AT AGA KHAN SCHOOL IN OSH CITY.

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Non-stop learning via online teaching at Aga Khan School in Osh city.

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Aga Khan School's alumni story



In response to the COVID-19 pandemic the Aga Khan Education Services (AKES) provided 2-days training for teachers on using Google

Classroom before school closure. Google Classroom, an online teaching and learning platform, is being used to provide classes for students at home. The AKS teachers have developed tailored online



courses via Google Classroom, adapted to be used effectively on both computer and mobile.

Using student-centered, discussion and task-based learning approaches, students

in grades 5-11 were provided with all their normal classes - plus optional learning opportunities regarding COVID-19 to learn more about the biological and scientific aspects of the pandemic in the hope that it will reduce unnecessary fears and misinformation.

During the lockdown of schools, the online learning remained the only way for both students and teachers to stay connected. However, some students underlined the challenges they were facing with distance learning, like getting easily distracted, and not having reliable internet. Still students are happy to be busy with learning and connecting with their teachers and friends, even if virtual. Despite all challenges and struggles the school has successfully covered the key program delivery to students to keep them confidently equipped with the required knowledge for higher education admissions as well as the ongoing class to class transition exams. Well done!

### School achievements:



#### Our Olympiad winners:

1. Diloram Abdurahimova, Grade 10 – Russian language, 2<sup>nd</sup> place.
2. Usmanov Muradiljon, Grade 10 – Biology, 2<sup>nd</sup> place.
3. Mamadaliev Askar- Grade 9, all-Russia Olympiad on English Language – 1<sup>st</sup> place

Due to the quarantine situation in the country the National level Olympiad were postponed to uncertain period.

The English language subject curricular upgrade was implemented for grades 5 to 11 through the professional support of International Consultant.



Azamatov Eldar – grade 11, 3<sup>rd</sup> place - "I love English" contest organized by the US Embassy in Kyrgyzstan and "Lingua" the Innovative Education Foundation.  
Imarbekov Bayel, 3<sup>rd</sup> place - Mayor's Cup on chess, Regional competition.  
Ibragimov Aidar, 1<sup>st</sup> place - Open Republican Boxing Tournament.



Over 20 other students were honored the 2nd and 3rd places at the Olympiads and sport competitions in AY 2019-2020

**IF YOU WANT TO RAISE A READER, BE A READER.**

Reading increases a child's attention span and a parent's own cognitive ability. It is one of the most essential and valuable activities children can inherit from parents simply by observing them being engrossed in a book or magazine. This fact created a topic for action at the Learning Resource Center (LRC) of Aga Khan School (AKS) to devote a day for parent and students on a contest "The most reading family". Over 10 families competed at the contest



expressing their passion and love for books. They were engaged in the various games and citing poems, answering questions, and guessing the book's authors. "Parents are a child's first and most influential teachers. Make the space and time for books you read for yourself, and books you read with your child. If you want to raise a reader, be a reader yourself." expressed Ludmila Rahimova - the Head of the LRC. Addressing her speech to parents she says: "You are helping build a positive association with books that will last a lifetime in your children."

**"ENJOY ENGLISH" CLUB at AGA KHAN SCHOOL.**

*I expanded my vocabulary. I am more confident with command of spoken English – grade 6*

The Aga Khan School actively engages students of grades 5-11 in English club activities, running 2 times per week and aiming to give students a chance to practice English in a relaxed, informal environment. The club makes an excellent contribution to student languages acquisition.

*The atmosphere is friendly and helpful - grade 6*

"English Clubs are, potentially, a very valuable part of the student experience as it is mainly participant centered and increases the social role. It gives participants and moderators freedom and it is simply fun. My 2 years' experience at the "Enjoy English" club has proven that students start speaking much more openly with clear pronunciation and doubled their vocabulary" confirmed Diloram Ashurova.

*Each student is given equal attention and the lesson is taught only in English – grade 7*

**OTHER CLUBS AT AGA KHAN SCHOOL**

*Over 50 students are engaged in German language, debate and music club as well as TOEFL preparation courses.*



**CODING- 20 students, grades 6-8**



**Lego Robotics - 23 students, grade 5**



**Maker Space - 26 students, grades 6-7**



**Enjoy English and Fun English - 32 students, grades 6-8**



**Kyrgyz Folklore - 12 students, grades 6-7**

**I AM SINCERELY GRATEFUL TO OUR TEACHERS FOR THEIR PATIENCE AND WORK**

**AKS student's story -Tynybekova Ayana-Grade 6**

Over the years of my study at Aga Khan School in Osh city I have gotten really attached to the school. Here I have found many new and real friends, and having real friends is of great value to me. Analyzing the past, I see what colorful and amazing moments and changes I have experienced in my school. Here I have come to understand the meaning of study, therefore I set life goals for myself and began to truly appreciate the study and education that I could obtain here. I began to really try and work, while realizing that all I am doing is solely for my future. I am now more successful in my studies but need to continue to work harder and improve. My mom's happy to see me healthy – I have gained a bit of weight. This is because the school canteen pays special attention to the nutrition of children, which as far as I know has a positive effect on academic performance as well. I am sincerely grateful to our teachers for their patience and work - interesting games and assignments. Thanks for encouraging me to take part in the school Olympiads



allowing me to experience the spirit of competition and preparing me for future life experiences. They indeed make me stronger and have equipped me with the knowledge and skills required to overcome the challenges I may face in my future studies. In my opinion, all the pens on earth are not enough to describe how wonderful my life is at the Aga Khan School.

**AGA KHAN SCHOOLS ARE WELL RECOGNIZED BY ACCREDITED UNIVERSITIES ACROSS THE GLOBE.**

**Alumni Story:**



Elnazar is a winner of several Olympiads and competitions in Math, Programming and Chess as well as German language in Central Asia (CA) and the Commonwealth of Independent States (CIS). He gained confidence to apply to several highly ranked Universities adding

University of Applied Sciences in Germany, Elnazar came to AKS to support and share with students the required information and details essential for university admission processes. In February 2020, when meeting with AKS students in grade 11, Elnazar encouraged them to strive for the best education at accredited universities across the globe, to gain desired and required high levels of education to be able to realize their life goals.



The Aga Khan School (AKS) provides an excellent educational foundation for obtaining a higher-level education in both sciences and humanities" acknowledges Elnazar Turganov, an AKS alum, underlining the deep influence the AKS and teaching staff made on the path his life has taken.

that "I am now convinced that Aga Khan schools are well recognized by accredited Universities across the globe". Sharing his first-year study journey at the Augsburg



16-30.01.2020  
**MEETINGS WITH PARENTS**

20-24.01. 2020  
**THE DECADE OF SOCIAL SCIENCES**

27-28.01. 2020  
**BUSINESS FAIR**

10-14. 02.2020  
**THE DECADE OF ENGLISH LANGUAGE**

23.02.2020  
**MEN'S DAY**

2-6.03.2020  
**THE DECADE OF SCIENCES**

8.03.2020  
**WOMEN'S DAY**

21-30.03.2020  
**SPRING HOLIDAY AND SCHOOL VOCATIONS**

05.05.2020  
**CONSTITUTION DAY**

09.05.2020  
**VICTORY DAY**

25.05.2020  
**THE FINAL SCHOOL DAY**